

July

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Sheet Pan Chicken Fajitas S	2 Shrimp Fried Rice E	3 Grilled Pork chops and Zucchini with a salad S	4
5	6 Crack Chicken with a Salad S	7 Mexican Rice E	8 Lazy Lasagna with a Salad S	9 Wipe Your Mouth BBQ with a FP Coleslaw or BBQ Beans E	10 Lemon Grilled Chicken with Grilled Green beans S	11
12	13 Philly Cheesesteak Skillet S	14 Pork Carnitas with a Salad S	15 Italian Chicken Sausage over Pasta with a salad if needed	16 Burger Bowls S	17 Grilled Chicken with Peach Salsa and Black Beans if needed E	18
19	20 Greek Meatballs with a Salad S	21 Chipotle Chicken Bowls E	22 Bacon Mushroom Casserole with a Salad S	23 Chicken Fried Double Rice E	24 Grilled Steak and Squash with Broccoli Salad S	25
26	27 Salmon Patties with Roasted Veggies S	28 Taco Salad S	29 Smokey Black Bean Soup E	30 Cheeseburger Pie with Salad S	31 Grilled Cilantro Lime Chicken and Veggie Foil Packs S	